

December 2016

# RN to BSN

A newsletter from  
THE DEPARTMENT OF NURSING

AT SOUTHWEST MINNESOTA STATE UNIVERSITY

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## Thank You to the SMSU Foundation

Submitted by Nancyruth Leibold

SOUTHWEST MINNESOTA STATE UNIVERSITY  
**FOUNDATION**

The Southwest Minnesota Nursing Honor Society and the Department of Nursing are grateful for the \$2,000 grant received for the Nursing Honor Society Start-up Expenses! The grant funded membership drives for the 2016-17 year, marketing, induction expenses and the Spring 2017 Nursing Conference! Thank You SMSU Foundation for the money from the SMSU Foundation Grant funded membership!

**SMSU Nursing T-shirt** - SMSU Nursing Students or Alumni who refer a nurse to the SMSU RN to BSN Program will receive a SMSU Nursing t-shirt once the student is enrolled in the nursing program!

## RN to BSN Applications

The SMSU RN to BSN Nursing Program continues to admit nursing students every fall and spring semester. We are still accepting applications for spring 2017 and fall 2017. Information is available at <http://www.smsu.edu/academics/programs/rntobsn/>.

**New to SMSU:** Associate Degree nursing students may apply in the last semester of their nursing program, with acceptance into the program contingent upon successful completion of their NCLEX-RN exam.



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# Southwest Minnesota Nursing Honor Society Charter Induction

Submitted by Nancyruth Leibold

The Charter Induction for the Southwest Minnesota Nursing Honor Society was held November 3<sup>rd</sup>, 2016. Undergraduate nursing students and nurse leaders were inducted in a ceremony in the Whipple Gallery at SMSU. Dr. Dwight Watson, SMSU Provost and Vice President for Academic and Student Affairs, welcomed inductees and guests as he spoke at the ceremony with opening remarks. Dr. Nancyruth Leibold, Honor Society President, spoke about the history of the society, membership criteria, and recognized the SMSU Foundation for their generous support. A reception followed the ceremony. Congratulations to the inductees!

## Charter Board of Directors

<i>President</i>	<i>Nancyruth Leibold</i>
<i>President-Elect</i>	<i>Laurie Jo Johansen</i>
<i>Vice President</i>	<i>Laura Schwarz</i>
<i>Secretary</i>	<i>Melissa Sue Kidrowski</i>
<i>Treasurer</i>	<i>Angela Chesley</i>
<i>Faculty Counselor</i>	<i>Laurie Johansen</i>
<i>Awards Chair</i>	<i>Denae Winter</i>
<i>Leadership Succession</i>	<i>Hillary Spray</i>

## Undergraduate Student Inductees

*Robert Owusu*  
*Nicole VanderVeen*

## Nurse Leader Inductees

*Christine Bloome*  
*Tracy Hansen*  
*Debra Herrmann*  
*Sarah Marie Wilm Hunter*  
*Tami Johnson*  
*JoAnn Williams Ruppert*



**Board of Directors from left to right:** Laurie Johansen, Angela Chesley, Hillary Spray, Melissa Sue Kidrowski, Denae Winter, Nancyruth Leibold



**Inductees from left to right:** Laurie Johansen, Robert Owusu, JoAnn Williams Ruppert, Debra Herrmann, Tracy Hansen, Christine Bloome, Sarah Marie Wilm Hunter, & Nancyruth Leibold

## Southwest Minnesota Nursing Honor Society Save the Dates

Submitted by Nancyruth Leibold

### Save the following dates for Southwest Minnesota Nursing Honor Society events:

Spring Induction:	March 28, 2017 6 pm, SMSU Campus
Spring 2017 Nursing Conference	March 29, 2017, 8 am to noon, SMSU Campus
Annual Membership Meeting	March 29, 2017, 1 pm to 2 pm, SMSU Campus

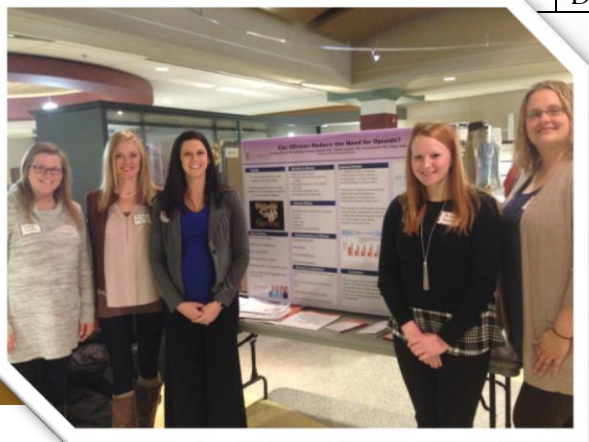
## RN-BSN Students Present at 2016 Undergraduate Research Conference

Submitted by: Nancyruth Leibold

The 11<sup>th</sup> Annual SMSU Undergraduate Research Conference was held on November 30, 2016 at SMSU campus. Thirty-five RN to BSN students attended and presented their scholarly work on a wide variety of nursing topics! Presentations were podium or poster presentations. Faculty sponsor Dr. Nancyruth Leibold comments, "The quality of evidence-based projects by the RN to BSN students was outstanding and the topics were current and very worthy of nursing time!" Congratulations to the Nursing Presenters!

### BSN Student Presenters and Presentation Topics:

Patsy Doering	Hospital-Acquired Infections: Preventing CAUTIs and CRBSIs
Michelle Masog	The effectiveness of harm reduction treatment towards managing opioid addictions
Daniel Ferrian, Mary Jo Bose, Monica VanOtterloo	Modern Nursing Interventions for Cyberbullies
Kassandra VanHecke, Maisie Renneke, Malary Richter	Prevention of Hospital Acquired Infections of ICU Patients
Amanda Cadwell, Stacy Jacobson, Tami Johnson,	Can bright lights improve sleep?
Lyndsey Brown, Tabitha Harazin, Carly Kramer, Paige Sabe, Brittany Fisher-Rossell	Can Ofirmev Reduce the Need for Opioids?
Courtney L. Holden	The Use of Mupirocin to Prevent the Spread of Methicillin-resistant <i>Staphylococcus aureus</i> (MRSA) Infections in Hospitals
Holly Heitzman	Depression in Adolescents: Talk, Tools, and Treat!
Jessica Teichert	Diabetes II: An American Epidemic
Danielle Adamietz, Allan Johnson	Assessing the Risks for Nurses with Accidental Exposure to a Patient's Blood
Timothy K. Muge	Reduction of Sepsis in short term care facilities
Isaac Mabururu, Fenis Mogere, Daniel Moegi	Pressure Ulcer Prevention in Spinal Cord Injury Patients
Terri Anderson	Communication Issues, Needs and Solutions Affecting Quality Care for Deaf Patients
Mary Retzlaff	No Narcotics for Migraines? Non-Narcotic Treatment of Migraines for Adult Patients in the Emergency Department
Robert Owusu	Is Aromatherapy effective in controlling chemotherapy induced nausea and vomiting among adult cancer patients undergoing chemotherapy treatment?
Amy Bipes	In acute care what effect does bedside nursing report have on patient safety when compared with traditional reporting methods
Sondra Grimm & Jennifer Macik	Catheter Acquired Urinary Tract Infection: Reductions with Key Interventions
Samuel S. Barlue	Evidence Based Approach and Sudden Infant Death Syndrome
Stephanie Kravik, Peggy Rosik	<i>Hey Sugar Daddy</i> : Strategies in insulin therapy management
Hannah Ehalt	Warfarin and Direct Oral Anticoagulants and Their Effectiveness to Decreased Blood Clots



**RN to BSN students from left to right:** Carly Kramer, Brittany Fisher-Rossell, Tabitha Harazin, Paige Sabe, and Lyndsey Brown with their poster presentation on the topic of intravenous acetaminophen use

# Meaningful Mentoring Education Webinar

Submitted By Nancyruth Leibold

The Southwest Minnesota Nursing Honor Society hosted an Education Webinar for nurses at 7 pm on November 14, 2016. Dr. Laura M. Schwarz, Associate Professor of Nursing at Minnesota State University, Mankato presented *Meaningful Mentoring*.

Dr. Laura M. Schwarz has been a Registered Nurse for 25 years and nurse educator for over 20 years. She has taught online for over a decade. Dr. Schwarz conducts research on innovative teaching strategies in nursing education with numerous professional journal publications and professional conference presentations on technology teaching strategies. Dr. Schwarz completed a mentorship project for her DNP at Minnesota State University, Mankato.

This Education Webinar was the first Education Webinar hosted by the Southwest Minnesota Nursing Honor Society. Attendees received a certificate of attendance.



Dr. Laura Schwarz



Darci Aslesen



Elizabeth Bunjer

## Department of Nursing Student Representatives

Submitted by Laurie Johansen

The Department of Nursing values communication with nursing students as the RN to BSN Program strives to provide a quality nursing program with ongoing, continual program improvements. Students are encouraged to provide feedback through many different avenues, including course/faculty evaluations, surveys, and direct feedback to faculty and administration. Additionally, each semester, students volunteer, or are nominated, to be a Student Representative for the entire nursing program. These students are invited to attend regularly scheduled nursing departmental meetings and nursing program advisory council meetings. Student representatives communicate between the nursing students and the Department of Nursing. Such communication has brought forth program improvement suggestions, as well as program successes.

Pictured above: Darci Aslesen is a current Student Representatives and Elizabeth Bunjer is a past Student Representative. The experiences they share, representing the nursing students, have been personally and professionally beneficial to them. They were both able to attend nursing departmental meetings. They share the increased knowledge they have gained about the academic side of a nursing program. Learning about curriculum topics, and the policies and procedures that govern the nursing program, has opened their eyes to how decisions are made and implemented within the nursing program. They were able to give feedback that is valued and integrated into future plans and discussions.

The Department of Nursing would like to acknowledge and thank all nursing students who have been Student Representatives for the nursing program.



SMSU Department of Nursing

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## Mark Your Calendar!

- Dec. 9 Last Day of Classes
- Jan. 9 Spring 2017 Classes Began
- Mar. 6-10 Spring Break
- Mar. 23 Fall 2017 Registration Begins
- Apr. 28 Last Day of Classes
- May 6 Commencement
- May 22 Summer 2017 Session Begins